Miss Michelle's Classroom Management Plan

Social Emotional Learning

Let’s start with the first set of slides

Self Awareness

Means to...

- ❑ Recognize one's emotions and thoughts, and their influence on behavior
- ❑ Assess one's strengths and limitations
- ❑ Possess a well-grounded sense of confidence and optimism

In my classroom...

- ❑ Community circles
- ❑ Reflective journals
- ❑ Conflict mediation

Self Management

Means to...

- Regulate one's emotions, thoughts, and behaviors effectively in various situations
- Manage stress, control impulses, motivate oneself, set and work towards personal and academic goals

In my classroom...

- Breathing exercises
- Counting to 5
- Take a break
- Mindfulness activities
-

Relationship Skills

Means to...

- ❑ Manage stress, control impulses, motivate oneself, set and work towards personal and academic goals

In my classroom...

- ❑ Project-based learning
- ❑ Conflict resolution
- ❑ Cooperation

Responsive Classroom

"In order to be successful in and out of school, students need to learn a set of social and emotional competencies—cooperation, assertiveness, responsibility, empathy, and self control—and a set of academic competencies—academic mindset, perseverance, learning strategies, and academic behaviors"

Principles

How children learn is more important than **what** they learn

- Cognitive growth through social interaction
- Social skills: cooperation, assertiveness, responsibility, empathy, and self-control
- Know students individually, culturally and developmentally
- Essential to know students' families and work with them as partners

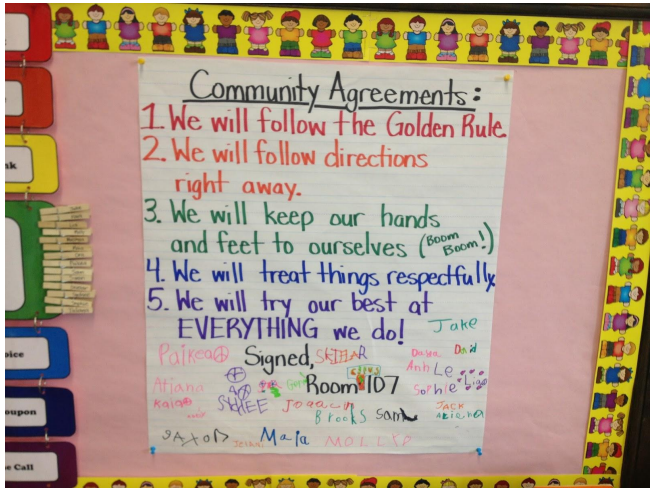
Teaching Guidelines

- Interactive Modeling
- Teacher Language
- Logical Consequences
- Interactive Learning Structures
- Morning meeting
- Energizers
- Quiet time
- Closing circle

Classroom Rules and Agreements

- 3–5 rules that help students manage their behavior
  - Created collaboratively as a class
  - Stem from Hopes and Dreams activity

- 3 categories:
  - Respect yourself
  - Respect others
  - Respect our environment



Classroom Jobs

Email: mrampulla1@gmail.com

www.michellerampulla.com